Dietetic Referral Form

Please send completed form to: *dieteticreferrals@nualtra.ie*

WE ARE UNABLE TO ACCEPT INCOMPLETE FORMS (boxes with * are mandatory)

nualtra

Patient First Name *:

Patient Last Name *:

Name of Nursing Home *:

County *:

Age *: | **Weight:** | **Height (m):**

BMI: | **MUST Score:** ☐ | **Unplanned Weight loss:** 5-10% ☐ >10% ☐

Diagnosis and Medical History:

Current ONS and relevant medications:

Dietary requirements:

None ☐ Lactose intolerant ☐ Diabetic ☐ Nut allergy ☐ Celiac Disease (Gluten Free) ☐ NPO ☐ PEG fed

Dysphagia (food):

- ☐ Level 3- Liquidised (LQ3)
- ☐ Level 4- Pureed (PU4)
- ☐ Level 5- Minced & Moist (MM5)
- ☐ Level 6- Soft & Bite-sized (SB6)
- ☐ Level 7- Regular - Easy Chew (EC7)
- ☐ Level 7- Regular (RG7)

Dysphagia (fluid):

- ☐ Level 0- Thin (TN0)
- ☐ Level 1- Slightly Thick (ST1)
- ☐ Level 2- Mildly Thick (MT2)
- ☐ Level 3- Moderately Thick (MO3)
- ☐ Level 4- Extremely Thick (EX4)

Reason for referral:

Referrer name *: | **Email Address *:**

Consent: (Please select as appropriate) *:

- ☐ I can confirm the resident has consented to the referral
- ☐ The referral has been made in the residents best interests.

☐ I can confirm I have read and implemented the Malnutrition Core Care Plan

Has this person been seen by the dietitian before?

☐ Yes ☐ No